

Being a Peer Educator is a Real Job

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Working with people is a job. We can enjoy our times with people. We enjoy being of service to others. As Peer Educators, our job is being of service to others.

Being of service to others can be hard work. Being a Peer Educator is a real job.

By being a Peer Educator, we can help people understand new ideas which can come from information and shared knowledge. We are not just teaching. We are also working on learning and understanding. Learning is work.

We have job related responsibilities.

Those responsibilities are:

1. We show up
2. We start on time
3. We enjoy our time in the meetings
4. We enjoy our time with people
5. We learn about new ideas about mental health
6. We learn about new coping skills with mental illness
7. We are not superior. We are Peer Educators.
8. We show mutual respect and concern for others
9. We are welcoming, friendly and accepting. We listen and share information.

In some cases, we are employed and paid a salary. If we receive a salary or not, our job is to be of service to others. We share our time and knowledge. We give people our time. Giving up our time and being with other people is work. We enjoy what we do. We are also continually learning. Learning can be inspiring. Learning when we don't want to learn is work. Learning is a job.

We learn because we want to and also learning is part of our work

There are times that we feel tired. There are times that we don't appreciate our work. There are time when we might not feel appreciated

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