

Community Transitions Center

Palo Alto VAHCS

Vision Statement

To promote systemic and personal recovery for all individuals affected by severe psychiatric disabilities so that they can select and develop meaningful roles in the community.

Mission Statement

This educational center is committed to stimulate hope and progressive change towards recovery for individuals affected by severe mental illness by offering support, education, and opportunities that foster successful transitions in the community and to advocate for systemic change so that these individuals can reach their goals.

Core Values

- *Recovery from psychiatric disabilities is possible**
 - *Health is holistic**
 - *Hope is fundamental**
 - *The individual is primary**
 - *Boundaries need to be flexible**
 - *Personal choice is a right & responsibility**
 - *Supported risk-taking is necessary**
 - *Failure is redefined as an opportunity to learn**
 - *Acceptance takes places in the community**
 - *Learning is multifaceted & continuous for all**
 - *Relationships, with positive validation & honest feedback, are essential**
 - *Inclusion & partnership with individuals, families, & providers fosters recovery**
 - *Advocating for social justice to address barriers, stigma, & discrimination is an obligation**
- *Continuous evaluation & research are the basis for improvement**
- *Recovery is cost-effective from a financial, social, & emotional perspective**