

Interprofessional Fellowship in Psychosocial Rehabilitation

What is Psychosocial Rehabilitation?

Psychosocial rehabilitation is a comprehensive approach that fosters an individual in developing his/her full potential following the onset of serious mental illness. Psychosocial rehabilitation involves assisting the individual in all aspects of normal life to attain his or her highest level of functioning in the community and includes such components as patient and family education, training in residential skills, social skills, work skills, cognitive behavioral training, and provision of intensive case management when needed. Together with pharmacotherapy, psychosocial rehabilitation forms the main approach to treatment for those with all forms of serious mental illness.

Purpose

To develop leaders with vision, knowledge, and commitment to lead mental health care in the 21st century. A comprehensive interprofessional approach to providing psychosocial rehabilitation in mental health care and educating health professionals can result in broadened treatment perspectives and opportunities for implementing change.

Funding Support

Fellowships up to 12 months in length.

Stipends vary by profession and, for physicians, by site.

Professions Included

- **Psychiatry**, post-residency
- **Psychology**, post-doctoral
- **Nursing**, master's or doctoral students, post-master's or post-doctoral
- **Social Work**, master's or doctoral students, post-master's
- **Rehabilitation**, master's or doctoral students, post-master's

Fellowship Sites

Edith Nourse Rogers Memorial Veterans Hospital at Bedford, MA

VA Connecticut Health Care System at West Haven, CT

VA Palo Alto Health Care System at Palo Alto, CA

Eligibility

- U.S. citizenship (physicians with J-1 visas may be eligible).
- Have a valid, unrestricted license, if eligible, to practice in at least one of the states or territories of the U.S. as appropriate for the profession.
- Have graduated from or be enrolled in an accredited academic program in respective profession. Psychology fellows must have completed an accredited internship.
- Interest in pursuing career with psychosocial rehabilitation as a significant focus.
- Fellows are under no obligation to work for VA after completion of the program

For Additional Information:

- At Bedford: Richard Amodio, Ph.D. at Richard.Amodio@med.va.gov
- At Palo Alto: Joyce Bell, LISW-CP at Joyce.Bell@med.va.gov
- At West Haven: Michael Sernyak, MD at Michael.Sernyak@med.va.gov

